



Seracal™

Instructions for mixing into food

Start slow and grow!



Start by mixing **1 to 2 tablespoons** of Seracal a day into meals/snacks. Then, increase gradually to the number of servings recommended by your clinician.



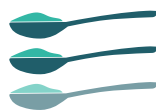
1 serving = 4 tablespoons or 1/4 cup (level, not packed)

Seracal mixes best with soft foods – either cold or hot. Ideas include pudding, yogurt, applesauce, oatmeal, condiments (ketchup, whipped butter, sauces, ranch dressing/dip, and hummus), chili, taco meat, baked goods (pancakes or muffins), and smoothies/milkshakes.

We do not recommend adding Seracal to thin beverages like coffee, water, or milk.



2 scrambled eggs



2-3 tbsp

1 cup flavored yogurt

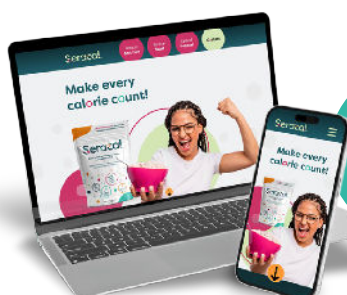


2-4 tbsp

2 tbsp ranch dressing



1-2 tbsp



Find more mix-in examples and more information at

MySeracal.com!





Seracal™

Instructions for tube feeding flush



1
Measure ¼ cup* (2 fl oz/60 mL) of water (or formula)+ into a 1-cup or larger cup/container



2
Add ¼ cup* (level) of fluffed (do not pack down) Seracal powder to the water (or formula)+



3
Mix with a whisk, fork or immersion blender until the mixture has no visible clumps (typically less than a minute)**



4
Pull up mixed solution into a syringe and flush into the tube port



5
Flush the tube with water afterward to ensure all Seracal is pushed through the tube

*If a smaller, more frequent flush bolus is desired, reduce to 1 oz (30 mL) water or formula mixed with 1 tbsp of Seracal.

**If mixture sits longer than 3 minutes, mix again briefly.

+Only use formula if directed by your clinician

If a patient is using Relizorb®, we recommend flushing Seracal separately and not through its cartridge, similar to a medication.